

Elite

BRAZILIAN JIU-JITSU

Tournament Training



Elite Brazilian jiu-jitsu is proud to offer specialized tournament training for students ages 3 - 15. Tournament training will focus on competitive Brazilian jiu-jitsu. Five time World Champion, Miriam Cardoso will provide the training and tools students need to realize their goals when competing in Brazilian jiu-jitsu and Submission Grappling tournaments.

WHEN FRIDAY 5:00PM - 6:30PM

HOW MUCH \$45 / MONTH

ADD-ON TO ANY ELITE BJJ PROGRAM + \$120 FOR ELITE TOURNAMENT KIT

CLASSES IN REDMOND AND FACTORIA

CALL 425 310 5261 **EMAIL** sales@bjjredmond.com **VISIT** bjjredmond.com or bjjfactoria.com